

# 🌀 Breakfast 🌀

**Fruit and Yogurt Parfait**  
**4.95**

*Granola served with fresh fruit and yogurt.*

**Oatmeal**  
**4.95**

*McCann's steel cut oats served with fresh fruit and milk.*

**Breakfast Wrap**  
**5.95**

*Scrambled eggs with Swiss cheese and your choice of bacon, ham, turkey or sausage.*

**Smoked Salmon Bagel Sandwich**  
**7.95**

*Smoked salmon with caper cream cheese, red onion and tomato on your choice of bagel.*

**Scrambled Egg Plate**  
**6.95**

*Two eggs scrambled with your choice of bacon or sausage and served with toast.*

**Quiche Plate**  
**4.95**

*Deep dish quiche Lorraine or Florentine.*

**Grilled Breakfast Sandwich**  
**4.95**

*Ham, turkey, bacon or sausage with Swiss cheese and egg grilled on your choice of bagel or croissant.*

# 🌀 Small Plates 🌀

**Hummus**  
**5.95**

*Sun-dried tomato hummus with olive tapenade and toasted pita.*

**Quiche**  
**6.95**

*Deep dish quiche Lorraine or Florentine with house salad.*

**Fish Tacos**  
**6.95**

*Baked Tilapia in soft flour tortilla with poblano tartar sauce and pickled jalapenos.*

**Grilled Chicken Pizetta**  
**7.95**

*Pesto, goat cheese, sun dried tomato and grilled chicken on 8" wheat pita bread.*

**Portobello Pizetta**  
**7.95**

*Red sauce and mozzarella with sliced portabella on 8" wheat pita bread.*

**Slider Trio**  
**8.95**

*Three tiny gourmet sandwiches:*

- Portabella, goat cheese and roast beef
- Pulled Pork
- BBQ chicken, bacon and Swiss cheese

# Salads

- Taco Salad**  
**7.95**  
*A hearty salad with lettuce, tomato, mozzarella, red onion and grilled chicken tossed and served in a crispy tortilla bowl.*
- Cobb Salad**  
**10.95**  
*Grilled chicken on a bed of lettuce with tomato, hard boiled egg, bacon and bleu cheese dressing.*
- Italian Tuna Salad Plate**  
**6.95**  
*Chunk tuna with capers, lemon zest, red onion and pear balsamic served on mixed greens.*
- Curried Chicken Salad Plate**  
**6.95**  
*Chicken breast lightly curried with green apple, mayonnaise, walnuts, cranberries and celery served on mixed greens.*

# Sandwiches

- Slider Trio**  
**8.95**  
*Three tiny gourmet sandwiches:*
- Portabella, goat cheese and roast beef
  - Pulled Pork
  - BBQ chicken, bacon and Swiss cheese
- Marty's Club**  
**8.95**  
*Roast Beef or Roasted Turkey with bacon, lettuce, tomato and mayonnaise served triple-decker style on country white or grain bread or in a warm wheat tortilla as a wrap with chips.*
- Cuban Panini**  
**8.95**  
*Sliced ham and turkey on focaccia with Swiss, pickles and dijonaise with chips.*
- Grilled Chicken Panini**  
**8.95**  
*Grilled chicken on focaccia with sun-dried tomato, pesto and provolone with chips.*
- Four Cheese Panini**  
**8.95**  
*Swiss, Cheddar, American and Provolone cheese on tomato focaccia.*
- Italian Tuna Sandwich**  
**6.95**  
*Chunk tuna with capers, lemon zest, red onion and pear balsamic served on country white or grain bread with chips.*

# Sandwiches

**Curried Chicken Salad Sandwich**  
**6.95**

*Chicken breast lightly curried with green apple, mayonnaise, walnuts, cranberries and celery served on country white or grain bread with chips.*

**Curried Chicken Salad Wrap**  
**6.95**

*Same as above, but in a warm spinach tortilla.*

**Grilled Cheese**  
**4.95**

*With your choice of cheese, served on country white bread with chips.*

**Traditional BLT**  
**6.95**

*Grilled bacon with lettuce, tomato and mayonnaise served on country white or grain bread with chips.*

**Classic Pulled Pork Sandwich**  
**6.95**

*BBQ pork finished with smoked maple chipotle served on Kaiser Roll with chips.*

**Veggie Wrap**  
**6.95**

*Roasted zucchini, eggplant and red peppers with provolone cheese wrapped in a warm spinach tortilla with chips.*

**Chicken Burrito**  
**6.95**

*Grilled chicken, cheese and black beans in a warm flour tortilla served with sour cream, salsa and Spanish rice.*

**Hot Goat Cheese Sandwich**  
**7.95**

*Roast beef or grilled chicken with goat cheese and caramelized onion on a Tuscan roll with chips.*

# Soup

**Cup 3.95 / Bowl 4.95**

*Check the Specials Board for today's choices.*

**8.95**

*Soup and Half Sandwich*